10 April LA SEU
11 April PONTS
1st NEWSLETTER

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The Organizing Committee of the 8th **Segre Canoe Slalom Cup** cordially invites you to attend the canoe slalom competitions that will be held in April 2020.

The Segre river runs from la Seu d’Urgell to Ponts at 70 km distance, coming from the Pyrenean mountain range that border France and Spain. Both sites have a long canoe slalom tradition. La Seu d’Urgell was a former Olympic venue for Barcelona 1992 Olympic Games on the Parc Olimpic del Segre. Ponts have an active canoe club since more than thirty years and in 2012 has improved the slalom site.

The travelling distances between the competition sites are 50 minutes. There is flexibility to combine athletes schedules and accommodation preferences.

The competition races are sport orientated, to be useful for slalom training and improvement of technical performance. The individual inscription gives wider opportunities to participate and combine sport schedule. The competitions are included in the ICF calendar. In three days of intense activity there are offered two technical competitions of the highest level.

**The Segre Canoe Slalom Cup Organizing Committee welcomes you to joint our events 2020.**
ORGANIZING COMMITTEE:

Joaquim GREGORI  
President of the club NauticMig Segre

Agustí CUCURULLS  
Chief Official of Segre Canoe Slalom Cup

Marc VICENTE CASES  
President of the Club Cadi Canoe Kayak

Francesc GANYET SOLÉ  
Manager of Parc Olímpicdel Segre
Provisional competition program

<table>
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:00 - 11h</td>
<td>Training by groups</td>
</tr>
<tr>
<td>9h – 10h</td>
<td>Entries confirmation</td>
</tr>
<tr>
<td>11:15 h</td>
<td>Team Leaders meeting</td>
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<tr>
<td>12:00</td>
<td>Demonstration run</td>
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<tr>
<td>12h30</td>
<td>Bib distribution</td>
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<tr>
<td>13h</td>
<td>One heat run : C2M, K1W, C1M, C1W, K1M</td>
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<tr>
<td>17:00 h</td>
<td>Final of 10 first boats per category</td>
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<tr>
<td>16h</td>
<td>Final of 10 first boats per category</td>
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<tr>
<td>19h</td>
<td>Medals giving</td>
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LA SEU D’URGELL, Friday 10 April

PONTS, Saturday 11 April

1st Newsletter 2020 SEGREG Canoe Slalom CUP
**Rules 2020 SEGRE CANOE SLALOM CUP: Entries, participation fees, etc**

<table>
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<tr>
<th>April, 10th</th>
<th>Parc Olímpic del Segre - <strong>LA SEU D’URGELL</strong></th>
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<td>April, 11th</td>
<td>White Water Stadium in Segre River - <strong>PONTS</strong></td>
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**Categories**  
K1W, C1M, C1W, K1M, C2MX Junior  
K1W, C1M, C1W, C2MX Senior  
If there aren't a minimum of 10 boats in each category (junior and senior) will be absolute category

**Nominal Entries**  
**Deadline:** 2 April at 24h  
Entries can be personal or for your club [http://www.copapirineus.org](http://www.copapirineus.org)  
Maximum number of participants in total: 200 paddlers  
All paddlers must have an updated national federation license to confirm their entries, and must designate a Team Leader

**General Classification**  
All paddlers that participated in all competitions

**Competition format**  
1 heats run  
1 FINAL run with the 10 top in each category

**Participation Fee**  
25 € per paddler, category and competition  
TWO COMPETITIONS 30€ per paddler and per category

**Judges**  
The same in Ponts and La Seu

**Jury**  
Agustí Cucurulls, Francesc Ganyet and Chief Judge of the competition

**Course design**  
1 from Ponts+ 1 from La Seu in every competition

**Classification**  
You must participate in the two competitions for final standings  
0 point to the winner of each competition  
2 points to second in each competition  
3 points to the third of each competition  
Final standings: Sum of points earned in all competitions  
In case of tie, this will be resolved by the sum of the final results of the two competitions.

**Prices**  
- Medal for the top three in each category  
- Trophy for the best competitor in each category  
- In addition, there will be a gift to all participants

**PROVISIONAL PROGRAM**  
Morning : Training in groups  
Afternoon : Heats run (junior and senior, K1WJ, K1WS, C1MJ, C1MS, C1WJ, C1WS, K1MJ, K1MS and C2MX junior and senior)  
FINAL run with the 10 top in each category

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**1st Newsletter 2020 SEGRE Canoe Slalom CUP**
Ponts has a tradition of over 25 years organizing white water canoe slalom competition events and since 2012: the city is proud of its brand new white water course which offers a new dimension in terms of competition hosted. Ponts White Water stadium is constructed in a Segre river. The slalom course specific features are as follows:

- Length : 300m
- Breadth : 8 - 10 m
- Drop : 4 m from start to finish
- Flow : 20 m³

The flow will be regulated by hydroelectric equipment located within 3 km upstream of the venue.

We have already hosted the 2012 and 2013 National Slalom Championship and other regional competitions.

The whitewater stadium is also becoming an ideal place for training for teams of Spain and many foreign nations.

The 2017 Segre Canoe Slalom Cup will be held at the renowned Site of Ponts and sustains the development of whitewater activities which are an important vector of local tourism.
How to get Ponts (Spain)

GPS:
Latitude 41.92274/ Longitude 1.1817

Parc de la Roca del Call
25740 Ponts (Lleida)
655037265

CHOOSE YOUR ORIGIN:
https://maps.google.es/maps?daddr=41.92274,1.1817&hl=es&sll=41.922553,1.181803&sspn=0.001076,0.002309&t=h&mra=mift&mrsp=1&sz=19&z=19

BARCELONA (CITY) _ Barcelona Bus Station (Estació del Nord) – Ponts
Alsina Graells
Tel. (+34) 902 422242
www.alsa.es
Timetables: Barcelona – La Seud’Urgell (daily): 6h30 – 7h30- 15h - 17h -19h
La Seud’Urgell – Barcelona: 06h30–8h45– 15h30 – 17h30 – 19h

LLEIDA Lleida (Bus Station) – Ponts
Alsina Graells
Tel. (+34) 902 422242
www.alsa.es
Timetables: Lleida – La Seud’Urgell: 9h15 – 11h30 - 16h (daily) / 19h (from Monday to Friday)
La Seud’Urgell – Lleida: 08h40 (from Monday to Friday) /6h– 16h20 (daily)
The Parc Olímpic del Segre is constructed in a branch of the river Segre, which was re-channelled after the damage caused by the exceptional flood of 1982. The slalom course’s specific features are as follows:

- Length: 300 m
- Drop: 6.5 m
- Flow: 10 m³/s
- Course features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity: 5,000 people

The Competition Course is accompanied by a beginners course which is 130 m long with a drop of 1.5 m. The designed flow ranges from 3 to 10 m³/s.

The design of the artificial canals includes a system of complementary canals and mechanical conveyor belts which enable canoeists to return to their starting point without having to leave their boats. The dynamic conception of the whole facilities leads to intensive use all year round and separation of canoeists according to their levels of skill and ability.

The drop in the Slalom course is created naturally via channels that branch from the river Segre, with a very gentle slope. The feeder canal, 165 m in length, and mainly the flat water canal, 650 m in length and 20 m in width, are set aside for training in flat water canoeing and the necessary practice that sport lovers require in waters with a steady current.
How to get La Seu d'Urgell (Spain)

GPS:
Latitude 42,22N / Longitude 1,28E

La Seu d'Urgell is placed at 10 km of Andorra and 200 km of Barcelona

BARCELONA AIRPORT Novatel (Barcelona Airport - Andorra)
It’s necessary to book the ticket.
Tel. (+376) 803789
e.mail: novatel@andorrabybus.com
Timetables:   Airport – Andorra: 10.30h – 13h – 15h – 17h – 20h
               Andorra – Airport: 5h – 8h – 10h – 12h30 – 17h

TOULOUSE AIRPORT Novatel (Toulouse Airport - Gare Matabiau – Andorra)
It’s necessary to book the ticket.
Tel. (+376) 803789
e.mail: novatel@andorrabybus.com
Timetables:   Gare Matabiau – Andorra: 10h
               Airport – Andorra: 10h30 – 19 30h
               Andorra – Airport: 5h – 10h  15h

GIRONA AIRPORT Novatel (Girona Airport – Andorra-Girona Airport)
It’s necessary to book the ticket.
Tel. (+376) 803789
e.mail: novatel@andorrabybus.com
Timetables:   Girona Bus Station – Andorra: 09h30 – 19h45
               Andorra – Girona Airport: 5h00 – 14h00

BARCELONA (CITY) Barcena Bus Station (Estació del Nord) – La Seu d’Urgell
Alsina Graells
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www.alsa.es
Timetables:   Barcelona – La Seu d’Urgell (daily): 6h30 – 7h30- 15h - 17h -19h
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Contacts

Club Nàutic Mig Segre
25740 Ponts (Lleida)
Tel. 34 655037265
Web club: http://www.cnmigsegre.cat
Web entries: http://www.copapirineus.org
Email: canoeslalomseu@parcolimpic.cat
Youth hostel of Ponts: toni@cnmigsegre.cat

Parc Olímpic del Segre
25700 La Seu d’Urgell (Lleida)
Tel. 34 973 36 00 92
Fax. 34 973 36 01 92
Web: http://www.copapirineus.org
Email: canoeslalomseu@parcolimpic.cat

USEFUL LINKS:

Spanish Canoe Federation: www.rfep.es
Catalan Canoe Federation: www.fcpiraguisme.com
Ponts Town Hall: www.ponts.cat/ca
Consorti Segre Rialb: www.segrerialb.cat
Seu d’Urgell Tourist information: www.turismeseu.com
Seu d’Urgell Town hall: www.laseu.cat